

# Sustainable Lifestyle



## C.P.R. Environmental Education Centre

Programme Centre - EIACP (RP) on

Conservation of Ecological Heritage and Sacred Sites of India

1 Eldams Road, Alwarpet, Chennai - 600 018. Tamil Nadu, India

Email: [cpreec@envis.nic.in](mailto:cpreec@envis.nic.in) Website: [cpreecenvis.nic.in](http://cpreecenvis.nic.in)

# CALENDAR 2023

# SAVE ENERGY

## Non-renewable energy



Fossil fuel based -thermal power



Coal based industries



Petrol and Diesel for vehicles

## Renewable energy



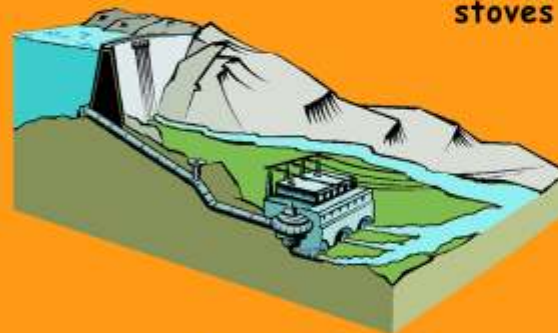
Wind energy



Energy efficient stoves



Solar energy



Hydel power



Bio-gas



Greening



Walking and cycling



Public transport system



Energy efficient electric and electronic appliances



Energy saving habits



Energy efficient lighting

January  
14 - Makar Sankranti  
30 - National Cleanliness Day



February  
02 - World Wetlands Day  
28 - National Science Day

## January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				



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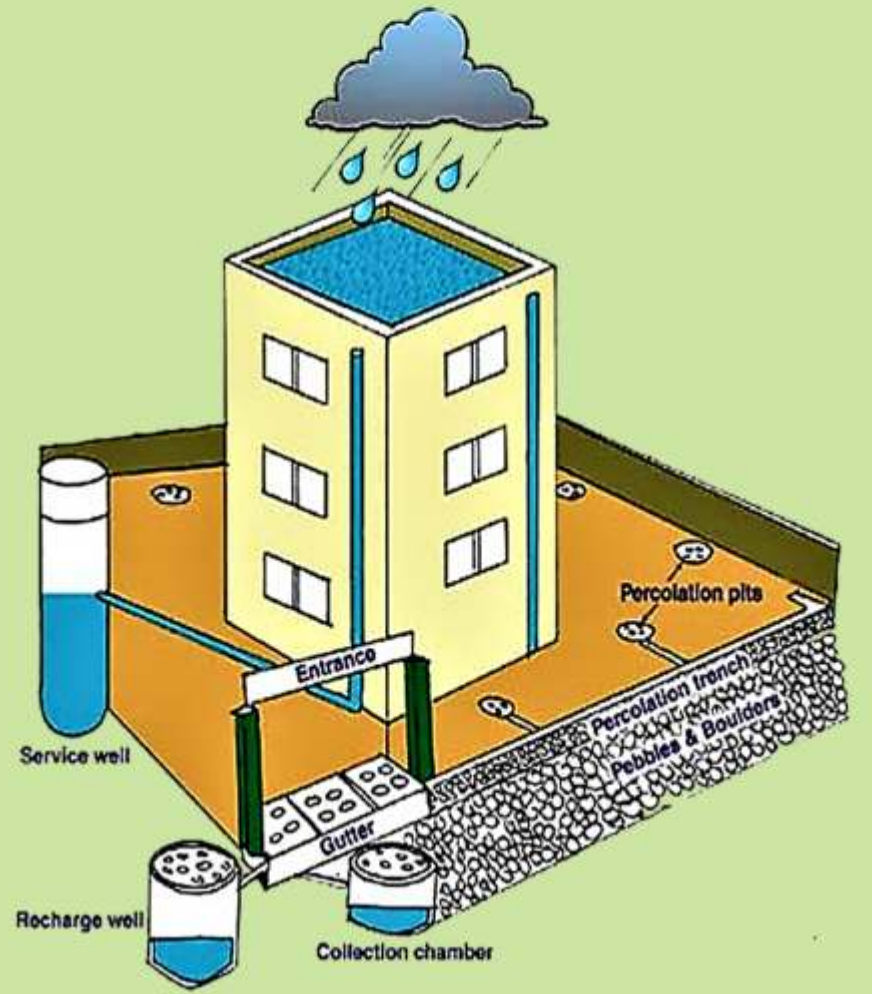
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**WATER  
IS THE DRIVE  
OF NATURE**



**CONSERVE IT**



**HARVEST RAIN WATER**

March  
03 - World Wildlife Day  
04 - National Safety Day  
20 - World Sparrow Day

21 - World Forestry Day  
22 - World Water Day



**LIFE**  
Lifestyle For  
Environment

April  
07 - World Health Day  
18 - World Heritage Day  
22 - World Earth Day

March 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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April 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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23	24	25	26	27	28	29
30						



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# DO NOT BRAKE THIS FOOD CHAIN



**OUR  
SURVIVAL  
DEPENDS  
ON IT**

May  
13 - World Migratory Bird Day  
22 - International Biodiversity Day  
23 - World Turtle Day



June  
05 - World Environment Day  
08 - World Ocean Day  
15 - Global Wind Day  
17 - World Day to Combat Desertification  
21 - International Day of Yoga

May 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
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28	29	30	31			

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# AVOID PLASTICS



July  
28 - World Nature Conservation Day  
29 - International Tiger Day



August  
10 - World Lion Day  
12 - World Elephant Day

July 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
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30	31					

August 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# KEEP ENVIRONMENT CLEAN AND GREEN



September  
 16 - International Ozone Day  
 18 - International Coastal Clean-up Day  
 28 - Green Consumer Day



October  
 01 to 07 - Wildlife Week  
 04 - World Animal Day  
 24 - International Day of Climate Action

## September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
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## October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**THINK  
GLOBALLY  
ACT  
LOCALLY**



November  
19 - World Toilet Day  
21 - World Fisheries Day



December  
02 - National Pollution Prevention Day  
05- World Soil Day  
11- International Mountain Day  
14 - National Energy Conservation Day

November 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
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December 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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